

Monthly goal

♥ GOAL

♥ STEPS TO TAKE

- 1
- 2
- 3
- 4
- 5
- 6

♥ SMALL GOALS

- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐

♥ WEEK 1

♥ WEEK 3

♥ WEEK 2

♥ WEEK 4

I DESERVE TO BE THE BEST ME I CAN BE